



THE VALLEY EAST SOCCER CLUB

Players wearing Casts Policy

This policy was designed to reduce inconsistencies in rulings over players wearing casts. All referees and coaches are expected to follow this policy in all matches.

A Player may not use equipment that is dangerous to himself / herself or another player. Players may use equipment that has the sole purpose of protecting the individual physically providing that it poses no danger to the individual or any other player. Modern protective equipment made of soft, lightweight, padded materials are not considered dangerous and are therefore permitted. For example, a knee brace or sports tape.

Hard plaster casts are considered to pose a danger to both the wearer AND the other players and are not permitted to be worn. Padding of a hard plaster cast does not reduce the element of danger and will therefore also not be permitted.

Players wearing a soft, lightweight cast will be permitted to play if the cast does not present a danger to the individual or any other player(s).

If a player wearing a hard cast would like to attend the game as a spectator and sit on the team bench, this is permitted. If a player wearing a soft cast would like to refrain from playing but would like to be a spectator on the team bench this is permitted.

The Head referee or VESC Board member will make the final decision as to the acceptability of any cast. If any players attend a game with a cast, please advise them to seek out the Head referee or a Board Member to ascertain if the cast is appropriate for game play.

Any player who uses a cast to intimidate or injure another player shall be cautioned or sent off depending on the nature of the player's action(s).

Any coaches or referees who disregard the decision made by the Head Referee or VESC Board member and allow a player to play with an un-approved cast will be subject to disciplinary action.